



## Ancestor Adversity, Empathy, and Action



Ancestor Name: \_\_\_\_\_

Relation to You: \_\_\_\_\_

Describe a hard time in this person's life - perhaps a sad or traumatic event, or a period of general difficulty, either physically, emotionally, socially, or economically. How do you think this struggle affected your ancestor's everyday life?

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Describe the types of emotions you think your ancestor felt during this hard time.

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List some ways in which you can help people in your community who might be going through similar struggles.

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Draw a picture that illustrates your ancestor's struggle or misfortune.

A large, empty rounded rectangular box with a thin black border and a slight drop shadow, intended for drawing a picture illustrating an ancestor's struggle or misfortune.

Draw a picture of you helping a person with a similar problem in the modern world.

A large, empty rounded rectangular box with a thin black border and a slight drop shadow, intended for drawing a picture of helping a person with a similar problem in the modern world.